

Western NY: ERIE, CHAUTAUQUA, NIAGARA		
MONDAY 6:30 PM Face to Face	PEACE OF MIND Lord of Life Lutheran Church Only meet the 1st Monday of every month	1025 Borden Road DEPEW (Erie County)
MONDAY 6:00 - 7:30 pm Face to Face	CLARITY WAY St. Mary's School -E. AMHERST	6919 Transit Road (SWORMVILLE) (Erie County)
TUESDAY 7:00 pm	HOPE FOR LIFE Immanuel Lutheran Church Person Reports - Nobody There	556 E. Second Street JAMESTOWN (Chautauqua County)
WEDNESDAY 7:00 pm Hybrid Face to Face	HOPE BEGINS St. John's Grace Episcopal Church contact 866 378 3510 virtual info	51 Colonial Circle (Corner of Lafayette & Bidwell Pkwy) BUFFALO (Erie County)
THURSDAY 7:00 pm	HEARTSEASE Fig Tree Fellowship - Suite G-4 2nd & 4th Thursday of the Month	21 Main Street LOCKPORT NY 14094 (Niagara County)
THURSDAY 7:00 pm	COURAGE FOR CHANGE Free Methodist Church	327 Pine Street South Dayton (Cattaraugus County)

Finger Lakes: GENESEE, MONROE, YATES, ONTARIO		
MONDAY 6:00 - 7:00 pm In Person	LISTEN, LOVE AND LEARN United Church of Christ	1400 Lehigh Station Rd HENRIETTA (Monroe County)
MONDAY 6:30 - 7:45 pm	PEACE SEEKERS Northgate Free Methodist Church South	350 Bank Street Community Room -LL BATAVIA (Genesee County)
MONDAY [V] 7:00 - 8:00 pm Virtual - Only	YOU'RE WORTH IT Meeting ID: 820 6303 8677 Passcode: 363636	
MONDAY 6:00 - 7:00 PM	Serenity in the Finger Lakes FLACRA Connection Round Recovery	64 West Ave. Canandaigua NY 14424
TUESDAY 6:30 pm Face to Face June 18	IF NOTHING CHANGES Spencerport Wesleyan Church	2653 Nichols Street SPENCERPORT (Monroe County)
TUESDAY 6:30 - 7:30 PM	WHEN IN DOUBT, DO NOTHING Northridge Church (Use E. Ridge Road Entrance)	2052 St. Paul Street ROCHESTER (Monroe County)
WEDNESDAY 5:30 PM Face to Face	RAY OF HOPE Webster Presbyterian Church Meeting Room 9	550 Webster Rd. WEBSTER (Monroe County)
THURSDAY 7:00 PM Virtual	YOU'RE NOT ALONE St. Anne Church Meeting ID: 504 579 821 PC: courage	1600 Mt. Hope Avenue ROCHESTER (Monroe County)
SATURDAY 8:30 AM HYBRID Face to Face	KEEP COMING BACK Greece Baptist Church	1230 Long Pond Rd. Rochester, NY 14626

Southern Tier:		

Central NY: CAYUGA, ONONDAGA, MADISON, ONEIDA		
MONDAY 7:00 - 8:00 pm Hybrid Face to Face	SOUL SEARCHERS Robinson Memorial Church ID: 212 121 826 PW: 791903	126 S. Terry Road SYRACUSE (Onondaga County)
WEDNESDAY 7:00 pm Virtual	HOPEFUL HEARTS Holy Cross Church Zoom ID: 212 121 826 PW: 791903	4112 E. Genesee Street DEWITT (Onondaga County)

North Country: LEWIS, ESSEX, CLINTON, JEFFERSON		
SUNDAY 5:00 pm	OUR OWN RECOVERY Pitcairn Wesleyan Church	148 Country Road 23 HARRISVILLE (Lewis County)

Capital District: ALBANY, COLUMBIA, SARATOGA, GREENE, MONTGOMERY		
MONDAY 6:30 pm	LIVING WITH HOPE Saint Ann's Church	37 Division Street AMSTERDAM (Montgomery County)
MONDAY 7:00 PM Virtual	SERENITY IN NUMBERS First Reformed Church Contact for VIRTUAL Information hudson.ny.naranon@gmail.com	32 Green Street HUDSON NY 12534
TUESDAY 7:00 pm	HEALING SPRINGS FAMILY GROUP United Methodist Church	175 5 <sup>th</sup> Avenue SARATOGA SPRINGS (Saratoga County)
TUESDAY 7:00 - 8:00 pm	NEVER ALONE Capital Church	31 Vly Road COLONIE (Albany County)
WEDNESDAY 7:00pm	STEPS TO HOPE The Moreau Community Center	144 Main Street SOUTH GLENS FALLS (Saratoga County)
THURSDAY 7:00 pm	JOURNEY OF HOPE Saint Luke's on the Hill	40 McBride Road MECHANICVILLE (Saratoga County)
SATURDAY 10:00 am	STEP TO HOPE Healing Springs Suite 105	125 High Rock Avenue SARATOGA SPRINGS (Saratoga County)

NEW YORK REGION  
**NAR-ANON FAMILY GROUPS**  
**LEVITTOWN POST OFFICE**  
**P.O. BOX 293**  
**180 GARDINERS AVE.**  
**LEVITTOWN, NY 11756**



## NY REGION MEETING LIST- May 2024

The Nar-Anon Family Group is primarily for you who know or have known a feeling of desperation concerning the addiction problem of someone very near to you. We have traveled that unhappy road too, and have found the answer with serenity and peace of mind. When you come into the family group, you are no longer alone, but among true friends who understand your problem as few others could.

### Nar-Anon World Service Organization

[www.nar-anon.org](http://www.nar-anon.org)

1 (800) 477- 9815

### New York Region

[www.nynaranon.org](http://www.nynaranon.org)

Meeting Information HOTLINE

1 (888) 333-9815

### Nar-Anon Suffolk/Nassau Area

[www.naranonsuffolknassauli.org](http://www.naranonsuffolknassauli.org)

Please view Suffolk/Nassau for any updates to this list.

Any Question about this List Email – [nynfgmeetinglist@gmail.com](mailto:nynfgmeetinglist@gmail.com)

Key to abbreviations:

B	Beginners	T	Topic
O	Open	Sp	Speaker
C	Closed	S / Tr	Step / Tradition
NT	Narateen Meeting		

Open and Beginners meetings are especially for newcomers to Nar-Anon, anyone whose personal life has been affected by close contact with an addict, or anyone wanting to learn how the disease of addiction affects the family. Other meetings are for Nar-Anon members only and are considered closed.

Note: You need only be affected by close contact with an addict to be considered a member.

Narateen Meetings are designed for teen Nar-Anon members.

Nar-Anon members to call between meetings

NAME

PHONE NUMBER

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KEEP COMING BACK!

**PLEASE NOTE**

All information was verified at time of printing unless noted with an asterisk (\*). Please call the Hotline or check our website to get information about meeting changes.

HUDSON VALLEY SULLIVAN, ULSTER, DUTCHESS, ORANGE, ROCKLAND		
WEDNESDAY 7:30 pm <b>Virtual</b>	COURAGE TO CHANGE Nanuet Pavilion RCADD Suite 101 ID: 329 479 1946 PC: Naranon	25 Smith Street NANUET <i>Enter in back of Bldg. (Rockland County)</i>
WEDNESDAY 7:30 pm <b>Face to Face - June 30th</b>	SEEKING SERENITY First Reformed Church No Meeting Last Wed. every Month	70 Scofield Street (Entrance on Church Street) WALDEN (Orange County)

WESTCHESTER AND PUTNAM COUNTIES		
TUESDAY 7:30 – 9:00 pm <b>O</b> <b>Face to Face July 6, 2021</b>	JUST FOR TODAY Saint John’s Episcopal Church (Mtg across street at the Butler Nursery School–(Red Door)	100 Underhill St <i>(Parking lot next to Church)</i> YONKERS <i>(Westchester)</i>
SATURDAY [V] 7:00 - 8:15 PM <b>Virtual Only</b>	SATURDAY NIGHT SURVIVORS  Zoom ID: 84784299134 PC: 589276	

BRONX		
WEDNESDAY 7:00 – 8:15 pm <b>O</b> <b>In Person</b>	NEW LIGHT St. Benedicts Church (Convent)	1082 Edison Ave (near Bruckner Blvd) THROGS NECK

MANHATTAN		
TUESDAY 6:15 pm 1st Tues <b>S</b> <b>Virtual</b>	NEW BEGINNINGS ST. Malachy’s Church  <a href="https://us02web.zoom.us/j/86954415512?pwd=U0tCbGp0aF-gjVnV6a3BkZDZlZSOUxOZz09">https://us02web.zoom.us/j/86954415512?pwd=U0tCbGp0aF-gjVnV6a3BkZDZlZSOUxOZz09</a> Zoom ID: 869 5441 5512 PW: 121212	239 West 49th St <i>(between. Broadway &amp; 8th Ave)</i>

BROOKLYN		
THURSDAY 7:30 - 8:30 pm <b>HYBRID Face to Face</b>	MIRACLES IN BROOKLYN St. Stanislaus Kostka Church (St. Stan)  Zoom ID: 86293787919 PW: 363636	607 Humboldt Street Brooklyn NY 11222
TUESDAY 7:30 - *:30 PM <b>In-Person</b>	Miracles in Crown Heights Five Myles Gallery Starting April 2, 2024	558 St. John’s Place Brooklyn NY 11238

STATEN ISLAND		
TUESDAY [V] 8:00-9:30 pm <b>O</b> <b>VIRTUAL Only</b>	TRAVEL TO PEACE  Zoom ID: 730-05-5793 PW: serenity	
THURSDAY [V] <b>O</b> 12:00 pm <b>Virtual Only</b>	Courage To Change  Zoom ID: 730-05-5793 PW: serenity	
SATURDAY [V] <b>O</b> 10:00 – 11:30 am <b>VIRTUAL Only</b>	SATURDAY SERENITY  ZoomID: 730-05-5793 PW: serenity	

QUEENS COUNTY		
MONDAY [V] 7:30 pm <b>O</b> 1 <sup>st</sup> Mon <b>S/Tr</b> <b>Virtual Only</b>	SAFE HARBOR <a href="https://us04web.zoom.us/j/7821590756?pwd=Qkp2MVBPR001Rm-FRUHdCMkY3NnBwZz09">https://us04web.zoom.us/j/7821590756?pwd=Qkp2MVBPR001Rm-FRUHdCMkY3NnBwZz09</a>	JAMAICA ESTATES
TUESDAY 7:30 – 9:00 pm B/O 1st Thurs S/B <b>Face to Face</b>	NEVER ALONE ON HOLD St. Mels Catholic Academy	154-24 26th Ave, FLUSHING
WEDNESDAY 7:30 - 9:00 pm <b>O</b> 1st Wed S/Tr 2nd & 4th Wed B T	FOREST HILLS FREEDOM GROUP  Church in the Garden (Basement Lounge)	50 Ascan Ave FOREST HILLS <i>(Private Street Request parking pass when entering bldg.)</i>

NASSAU COUNTY		
MONDAY 7:30 - 8:45 PM <b>HYBRID - Face to Face</b>	STEP INTO SERENITY Haypath Park Community Center Meeting ID: 105 898 670 Passcode: 927600	240 Haypath Road Old Bethpage NY 11804
THURSDAY 7:00 - 8:30 PM <b>Face to Face</b>	HOPEFUL IN HICKSVILLE Thrive Center - Entrance on Corner Bond Street & Old Country Road	1025 Old Country Road Suite 400 Westbury NY 11590
SATURDAY 12:00 - 1:15 PM <b>HYBRID - First Saturday of every month starting 2/3/2024</b>	SATURDAY MORNING COURAGE TO CHANGE THRIVE Community Center  <a href="https://zoom.us/j/950933574">https://zoom.us/j/950933574</a> Zoom ID: 950933574 PW: 317710	1025 Old County Road Suit 400 Westbury NY 11590

SUFFOLK COUNTY		
MONDAY 7:30-9:00 pm 1st & 3rd Mon <b>B</b> 2nd Mon <b>T</b> 4th Mon <b>S</b> 5 <sup>th</sup> Mon <b>Sp</b> <b>Face to Face</b>	NEW HOPE First Presbyterian Church	497 Pulaski Rd (Corner of Broadway & Pulaski) GREENLAWN
TUESDAY 7:30 – 8:30 pm <b>O</b> 1 <sup>st</sup> Tues <b>S</b> 2 <sup>nd</sup> , 3 <sup>rd</sup> & 5 <sup>th</sup> Tues <b>T</b> 4 <sup>th</sup> Tues <b>Sp/O</b> Beginners are welcome at all meetings <b>Virtual</b>	NAR-ANON FAMILY GROUP South Oak Hospital Auditorium Bldg. Front Room See directions on <a href="http://www.naranonsuffolkli.org">www.naranonsuffolkli.org</a> under Calendar/Events <a href="https://zoom.us/j/537533168?pwd=MUmDHMOZjZlZWk3RFFPODI4YzcyQT09">https://zoom.us/j/537533168?pwd=MUmDHMOZjZlZWk3RFFPODI4YzcyQT09</a> ON HOLD	400 Sunrise Hwy <i>(South of Sunrise Hwy/ West of Rt 110)</i> AMITYVILLE
TUESDAY 7:00 – 7:20 <b>B*</b> 7:30 – 9:00 pm 1 <sup>st</sup> & 3 <sup>rd</sup> Tues <b>T</b> 2 <sup>nd</sup> Tues <b>S</b> 4 <sup>th</sup> Tues <b>Sp</b> <b>HYBRID - Face to Face</b>	SUFFOLK CONNECTION First Presbyterian Church  Meeting ID: 832 2915 4033 Password: 0011789	175 East Main St 2 <sup>nd</sup> Floor <i>(Corner of Route 111)</i> SMITHTOWN
THURSDAY 7:15 PM 7:30 - 9:00 PM <b>O</b> 3 rd Thursday <b>S</b> Newcomers always wel- come <b>HYBRID - Face to Face</b>	REAL PEOPLE TOO Congregational United Church of Christ  Meets in the Fellowship Hall Behind the Church <a href="https://us02web.zoom.us/j/21238650160">https://us02web.zoom.us/j/21238650160</a>	

**KEEP COMING BACK!**